### **Middle School**



Dates: 10/26/20 to 10/30/20

Location: Park Tudor

**MONDAY** 

Item Name	Allergens
Black Bean Veggie Burger	Eggs, Wheat
BBQ Pulled Pork on a Bun	Wheat
Cheeseburger	Milk, Soybeans, Wheat
French Fries	
Turkey & Cheese Sandwich	Milk, Wheat
Greek Vegetable Pita	Milk, Soybeans, Wheat
Chef's Salad	Milk
Fruit Cup	

#### TUESDAY

Item Name	Allergens
Cheese Ravioli Marinara	Eggs, Milk, Wheat
Black Bean Burrito	Milk, Soybeans, Wheat
Roasted Squash	
Grilled Chicken Breast	
Fried Tater Tots	
Turkey & Cheese Sandwich	Milk, Wheat
Greek Vegetable Pita	Milk, Soybeans, Wheat
Chef's Salad	Milk
Fruit Cup	

#### WEDNESDAY

Item Name	Allergens
Chicken Quesadilla	Milk, Soybeans, Wheat
Cheese Quesadilla	Milk, Soybeans, Wheat
Tex-Mex Corn	
Salsa Refried Beans	
French Fries	
Baked Boneless Wings	Eggs, Milk, Wheat
Turkey & Cheese Sandwich	Milk, Wheat
Greek Vegetable Pita	Milk, Soybeans, Wheat
Chef's Salad	Milk
Fruit Cup	

#### **THURSDAY**

#### **FRIDAY**

Item Name	Allergens
Chicken Nuggets	Eggs, Milk, Soybeans, Wheat
Seasoned Green Beans	

# **Middle School**

## PARK TUDOR

Tater Tots	
Chickpea Croquettes	Wheat
French Fries	
Cheeseburger	
Turkey & Cheese Sandwich	Milk, Wheat
Greek Vegetable Pita	Milk, Soybeans, Wheat
Chef's Salad	Milk
Fruit Cup	