

PARK TUDOR SCHOOL

WEEK 3

PARK TUDOR

MONDAY 1/21

TUESDAY 1/22

WEDNESDAY 1/23

THURSDAY 1/24

FRIDAY 1/25

| COMFORT ZONE | | Tempura Chicken Chunks Veggie Nuggets Cole Slaw Buttered Corn Vanilla Pudding | Cheese Quesadillas Spanish Rice Corn O'Brien Chocolate Pudding | Chicken Pesto Pasta w/ Broccoli Lentil Stuffed Peppers Sautéed Kale Garlic Bread Traders Point Organic Yogurt | Italian Turkey Meatloaf Rice and Lentil Pilaf Mashed Potatoes & Gravy Italian Blend Vegetables Dinner Roll Sugar Cookies |
|----------------|--|---|--|---|---|
| GRILL WORKS | | Pork Tenderloin Sandwich French Fries | Chicken Patty Sandwich French Fries | Stack Burger (made with locally sourced fresh ground beef) Double Patted American Cheese Burger French Fries | Stack Burger (made with locally sourced fresh ground beef) Double Patted Hot Pepper Cheese Burger |
| BUILD YOUR OWN | | Taco Salad Bar Seasoned Beef Shredded Lettuce Nacho Chips Queso Blanco Spanish Rice Black Beans Assorted Toppings | Hot Dog Bar Turkey Franks Beef Franks Chili Sauce Cheese Sauce Sauerkraut Cole Slaw Assorted Vegetable Toppings Assorted Condiments | Seasons Harvest (plant based bar) Lentil Stuffed peppers Sautéed Kale Roasted Beets Sourdough Baguette | Via Piada Italian Street Foods |
| SHOWTHYME | | Deli Sandwich Bar On Multigrain Round Flatbread Sliced Turkey Sliced Ham American Cheese Swiss Cheese Sliced Tomatoes Sliced Onions Shredded Lettuce | Composed Cobb Salad Variety of Dressings | Deli Wrap Buffalo Chicken Tender Wrap | Indi Supreme Pizza |

*vegetarian selection