MIDDLE & UPPER SCHOOL



Please be advised. Due to ongoing supply chain issues in the food service industry, menus may changed based on product availability. We will update menus when necessary with changes. Please check menu for updates.

MONDAY

	Item Name	Allergens	
GRILL	Breaded Chicken Breast Fillet	Wheat	
	Seasoned Green Beans		
	Baked Potato Wedges	Wheat	
	Garbanzo Bean Burger	Soybeans, Wheat	Vegan/Vegetarian Entrée
	Savory Root Vegetable Salad		Vegan/Vegetarian Entrée
DELL	Turkey Brie	Milk, Wheat	
DELI			
Hemisphere	Pasta Bar		Vegan/Vegetarian Entrée
	Roasted chicken		
	roasted veggies		
	Marinara/Alfredo		

TUESDAY

	Item Name	Allergens	
GRILL	Swedish Meatballs & Egg	Eggs, Milk, Soybeans, Wheat	
	Buttered Egg Noodles	Eggs, Milk, Wheat	Vegetarian
	Steamed Peas & Carrots		
	Cheeseburger	Milk, Soybeans, Wheat	
	Seasoned Crinkle Fries		
	Impossible Taco Bake		Vegan/Vegetarian Entrée
DELI	Chicken Cordon Bleu	Milk, Wheat	
HEMISPHERE	TACO/NACHO BAR		
	Chicken Tacos, Tofu, Beef		Vegan/Vegetarian Entrée
	Toppings		
	Flour or Corn Tortillas		
	Sour Cream, Salsa, Guam		

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MIDDLE & UPPER SCHOOL

PARK TUDOR

	WEDNESDAY		
	Item Name	Allergens	
GRILL			Vegetarian
	Roasted Carrots		
	Homemade Mashed Potatoes	Milk	
	Seasoned Crinkle Fries		
	Cheeseburger	Milk, Soybeans, Wheat	
	Ratatouille & Rice		Vegan/Vegetarian Entrée
DELI	BLT on Ciabatta	Wheat	
Hemisphere	Mac N Cheese Bar		Vegetarian
	Assorted toppings		
	Gluten free option	Milk	
	Bacon, BBQ Sauce		

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