

Now Serving Lunch

Park Tudor Commons

January
2020

Monday

Tuesday

Wednesday

Thursday

Friday

6 Salad Bar
Hamburger 🍔
Black Bean Mushroom
Burger 🍔
Steamed Carrots
Homemade Oven
Baked Fries 🍟
Diced Peaches
Turkey & Cheese
Sandwich 🍔

7 Salad Bar
Large Cheese Ravioli
Marinara 🍝
Roasted Squash 🍠
Wheat Dinner Rolls
Cantaloupe Chunks
Ham & Cheese
Sandwich 🍔

8 Salad Bar
Cheese Quesadilla 🍳
Mexican-Style Corn
Salsa Refried Beans
Turkey & Cheese
Sandwich 🍔
Vanilla Yogurt 🍌

9 Salad Bar
Cheese Pizza 🍕
Pepperoni Pizza 🍕
Seasoned Vegetables
Pineapple Chunks
Ham & Cheese
Sandwich 🍔

10 Salad Bar
Sloppy Joe 🍔
Vegetarian Sloppy
Joe 🍔
Steamed Broccoli
Baked Tater Tots
Vanilla Yogurt 🍌
Turkey & Cheese
Sandwich 🍔

13 Salad Bar
Baked Chicken
Nuggets 🍗
Chickpea Croquettes
Seasoned Green
Beans 🍲
Baked Tater Tots
Diced Peaches
Ham & Cheese
Sandwich 🍔

14 Salad Bar
Swedish Meatballs
over Egg Noodles 🍝
Buttered Garlic Egg
Noodles 🍝
Applesauce
Turkey & Cheese
Sandwich 🍔
Buttery Peas 🍲

15 Salad Bar
Oven Roasted
Chicken Leg Quarters
Ratatouille with Rice
Roasted Carrots
Mashed Potatoes
Poultry Gravy
Ham & Cheese
Sandwich 🍔
Vanilla Yogurt 🍌

16 Salad Bar
Buttermilk Pancakes 🥞
Turkey Sausage Links
Home Fries 🍟
Diced Peas
Turkey & Cheese
Sandwich 🍔

17 Salad Bar
Beef Tacos 🌮
Soft Shell Bean Tacos
Steamed Mixed
Vegetables
Vanilla Yogurt 🍌
Ham & Cheese
Sandwich 🍔

20 Salad Bar
Baked Chicken
Nuggets 🍗
Chickpea Croquettes
Seasoned Green
Beans 🍲
Baked Tater Tots
Diced Peaches
Ham & Cheese
Sandwich 🍔

21 Salad Bar
Spaghetti with
Meatballs 🍝
Spaghetti Marinara
Steamed Broccoli
Garlic Breadsticks 🍞
Diced Peaches
Turkey & Cheese
Sandwich 🍔

22 Salad Bar
Turkey Hot Dog
Garbanzo Bean
Burger 🍔
Roasted Carrots
Homemade Oven
Baked Fries 🍟
Turkey & Cheese
Sandwich 🍔
Vanilla Yogurt 🍌

23 Salad Bar
Sausage Pizza 🍕
Cheese Pizza 🍕
Steamed Corn
Pineapple Chunks
Ham & Cheese
Sandwich 🍔

24 Salad Bar
California Club
Sandwich 🍔
Vegetable Chili
Homemade Oven
Baked Fries 🍟
Vanilla Yogurt 🍌
Turkey & Cheese
Sandwich 🍔

27 Salad Bar
Baked Chicken
Nuggets 🍗
Chickpea Croquettes
Seasoned Green
Beans 🍲
Baked Tater Tots
Diced Peaches
Ham & Cheese
Sandwich 🍔

28 Salad Bar
Beef Tacos 🌮
Soft Shell Bean Tacos
Mexican-Style Corn
Turkey & Cheese
Sandwich 🍔

29 Salad Bar
BBQ Chicken Breast
BBQ Roasted Tofu
Glazed Carrots
Roasted Garlic Red
Potatoes
Ham & Cheese
Sandwich 🍔
Vanilla Yogurt 🍌

30 Salad Bar
French Toast Sticks
Fresh Fruit Salad
Turkey Sausage Links
Triangle Hash Brown
Turkey & Cheese
Sandwich 🍔
Angel Food Cake 🍰

31 Salad Bar
Macaroni & Cheese
Steamed Peas &
Carrots
Vanilla Yogurt 🍌
Ham & Cheese
Sandwich 🍔

Icon Legend:



May Contain:

