LOWER SCHOOL

## PARK TUDOR

Dates: 12/6/2021 - 12/10/2021

# MONDAY

5	
Item Name	Allergens
Roasted Chicken Breast	Milk, Soybeans, Wheat
Baked Tater Tots	
Steamed Peas	
Garbanzo Bean Burger	Wheat
Chocolate Pudding	Milk
Diced Peaches	
Cheese Sandwich	Milk, Soybeans, Wheat
Simple Turkey & Cheese	Milk, Wheat
Sunbutter & Jelly Sandwich	Wheat

## TUESDAY

Item Name	Allergens
Spaghetti Marinara	Wheat
Meatballs	Eggs, Milk, Soybeans, Wheat
Steamed Broccoli	
Garlic Breadsticks	Wheat
Baby Carrots	
Applesauce	
Ham & Cheese Sandwich	Milk, Wheat
Cheese Sandwich	Milk, Soybeans, Wheat
Sunbutter & Jelly Sandwich	Wheat

## WEDNESDAY

Item Name	Allergens
Chicken Nuggets	Eggs, Milk, Soybeans, Wheat
Seasoned Green Beans	
Mashed Potatoes	
Chickpea Croquettes	Wheat
Simple Turkey & Cheese	Milk, Wheat
Sunbutter & Jelly Sandwich	Wheat
Cheese Sandwich	Milk, Soybeans, Wheat
Diced Pears	
Vanilla Yogurt	Milk

#### THURSDAY

Item Name	Allergens
Pizza Stick - Pepperoni	Milk, Wheat
Pizza Stick - Cheese	Milk, Wheat
Steamed Corn	
Ham & Cheese Sandwich	Milk, Wheat

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Sunbutter & Jelly Sandwich	Wheat
Cheese Sandwich	Milk, Soybeans, Wheat
Pineapple Chunks	
Vegetable Cup	Eggs, Milk

## FRIDAY

Item Name	Allergens
Hot Ham & Cheese Sandwich	Milk, Egg, Wheat
Steamed Carrots	
Potato Chips	
Veggie Wrap	Eggs, Milk, Wheat
Sunbutter & Jelly Sandwich	Wheat
Cheese Sandwich	Milk, Soybeans, Wheat
Turkey & Cheese Sandwich	Milk, Wheat
Strawberry Yogurt	Milk
Red Grapes	